Homemade Fruit Juice Drinks For Kids

Mock Orange Julius

1/4 cup milk 1/2 tsp. vanilla 6 ice cubes

Put orange juice, milk and vanilla in a blender and blend. Add ice and blend. Makes 2 to 3 servings.



Homemade Lemon Lime Soda Pop (From Pretend Soup by Mollie Katzen)

2 Tablespoons lemon juice and 1 Tablespoon lime juice

1/4 cup apple juice concentrate

3 ice cubes

1 cup sparkling mineral water or club soda Stir and drink

Squeeze the juice from one lemon and one lime into a jar using a citrus juice (or squeeze juice through a small strainer). Add apple juice concentrate, sparkling water or club soda and ice cubes.



Sparkling Tutti Fruit Punch

1 quart orange juice or orange pineapple juice (or a combination of two fruit juices)

1/3 cup lemon juice

1 32 oz. bottle club soda, mineral water or sparkling water (such as Perrier water)

Ice cubes

Combine all ingredients in a large bowl. Decorate by adding ice cubes or fancy ice cubes. Garnish with pineapple and orange or lime wedges or slices. This makes 2 or more quarts.

Change the kind of juice offered depending on the occasion. For example, for a red drink on February 14th, substitute a cranraspberry or cranapple juice in place of the orange juice and omit the lemon juice.

